

ARCHIVES

OF

INTERNAL MEDICINE

VOL 157 NO. 2, JANUARY 27, 1997

EDITORIALS

- Health Information on the Internet: Opportunities and Pitfalls** 151
Frank A. Sonnenberg, MD
- Dose of Exercise and Health Benefits** 153
Steven N. Blair, PED

COMMENTARY

- The German Health System: Lessons for Reform in the United States** 155
Jeffrey L. Jackson, MD, MPH

REVIEW ARTICLE

- Diagnostic Dilemmas in Polymyalgia Rheumatica** 162
Robert C. Brooks, MD, PhD;
Steven R. McGee, MD

ORIGINAL INVESTIGATIONS

- Nutritional Management of Cardiovascular Risk Factors: A Randomized Clinical Trial** 169
David A. McCarron, MD; Suzanne Oparil, MD; Alan Chait, MD; R. Brian Haynes, MD, PhD; Penny Kris-Etherton, PhD; Judith S. Stern, ScD; Lawrence M. Resnick, MD; Sharon Clark, PhD; Cynthia D. Morris, PhD; Daniel C. Hatton, PhD; Jill A. Metz, PhD; Margaret McMahon, MN; Scott Holcomb, MS; Geoffrey W. Snyder, MS; F. Xavier Pi-Sunyer, MD
- Cardiovascular Events and Correlates in the Veterans Affairs Diabetes Feasibility Trial: Veterans Affairs Cooperative Study on Glycemic Control and Complications in Type II Diabetes** 181
Carlos Abaira, MD; John Colwell, MD, PhD; Frank Nuttall, MD, PhD; Clark T. Sawin, MD; William Henderson, PhD; John P. Comstock, MD; Nicholas V. Emanuele, MD; Seymour R. Levin, MD; Ivan Pacold, MD; Hae Sook Lee; and the Veterans Affairs Cooperative Study on Glycemic Control and Complications in Type II Diabetes (VACSDM) Group
- Relationship of Distance Run per Week to Coronary Heart Disease Risk Factors in 8283 Male Runners: The National Runners' Health Study** 191
Paul T. Williams, PhD

American Medical Association

Physicians dedicated to the health of America



Copyright 1997 by the American Medical Association. All rights reserved. Reproduction without permission is prohibited.

All articles published, including editorials, letters, and book reviews, represent the opinions of the authors and do not reflect the policy of the American Medical Association, the Editorial Board, or the institution with which the author is affiliated, unless this is clearly specified.

P. John Seward, MD
Executive Vice President

Kenneth E. Monroe
Deputy Executive Vice President

James F. Rappel
Group Vice President,
Business and Management Services

George D. Lundberg, MD
Editor in Chief, Scientific
Information and Multimedia

Robert L. Kennett
Vice President, Publishing

Peter L. Payerli
Associate Publisher

Mary C. Steermann
Director, Production &
Distribution Division

Cheryl Iverson
Director, Editorial Processing
Division

Geoffrey A. Flick
Manager, Marketing Services

Advertising Offices: East: Phillip B. Altamore, Peter G. Messina, John L. Reeves, 119 Cherry Hill Rd, 3rd Flr, Parsippany, NJ 07054 (201) 263-9191. Midwest/West: Monica E. Brent, 515 N State St, Chicago, IL 60610 (312) 464-2470. **AMA Physician Recruitment Advertising Department:** Robert Lake, Supervisor, 800-262-2260.

Risk Factors for Sporadic Infection With <i>Escherichia coli</i> O157:H7	204
<i>Paul S. Mead, MD, MPH; Lyn Finelli, PhD; Mary A. Lambert-Fair; Deborah Champ, DVM; John Townes, MD; Lori Hutwagner, PhD; Timothy Barrett, PhD; Kenneth Spitalny, MD; Eric Mintz, MD, MPH</i>	
Requests for Medical Advice From Patients and Families to Health Care Providers Who Publish on the World Wide Web	209
<i>Lawrence E. Widman, MD, PhD; David A. Tong, PhD</i>	
Group B Streptococcus Bacteremia in Nonpregnant Adults	213
<i>Patricia Muñoz, MD; Alvaro Llancaqueo, MD; Marta Rodríguez-Créixems, MD; Teresa Peláez, PharmD, PhD; Luisa Martin, MD; Emilio Bouza, MD, PhD</i>	
Sodium Concentration of Water From Softeners	218
<i>Steven A. Yarows, MD; Wallace E. Fusilier, PhD; Alan B. Weder, MD</i>	
Glycine-Induced Hypo-osmolar Hyponatremia	223
<i>J. Carlos Ayus, MD; Allen I. Arieff, MD</i>	
Relapse of Tuberculosis After Treatment in Human Immunodeficiency Virus-Infected Patients	227
<i>Federico Pulido, MD; Jose-Maria Peña, MD; Rafael Rubio, MD; Santiago Moreno, MD; Juan González, MD; Carlos Guijarro, MD; Jose-Ramón Costa, MD; Juan-José Vázquez, MD</i>	
Association Between Blood Pressure and Dietary Factors in the Dietary and Nutritional Survey of British Adults	234
<i>Trevor C. Beard, OBE, MA, MB BChir, MPH; Leigh Blizzard, MEd; David J. O'Brien, BSc, Grad Dip Med Stat; Terence Dwyer, MD, MPH</i>	

EDITOR'S CORRESPONDENCE	
Parkinsonism Associated With Long-term Cocaine Abuse	241
<i>Pere Domingo, MD; Esteban Martínez, MD</i>	
Alcoholism in the Elderly	242
<i>Donna M. Lisi, PharmD</i>	
In Reply	243
<i>Arlene Fink, PhD; Alison A. Moore, MD; John C. Beck, MD</i>	
Caffeine as a Stimulant Against Suicide	243
<i>Tibor Szekely, ChemEng</i>	
Atheroembolism or Cholesterol Crystal Embolization	244
<i>William E. Stehbens, MD, DPhil</i>	
In Reply	245
<i>Willem Moolenaar, MD; Cornelis B. H. W. Lamers, MD, PhD</i>	
A Standardized Diet for Performing Fecal Fat Excretion Studies	245
<i>J. Pat Dinning, MD; Jennifer Muir Bowers, MS, RD, CNSD; M. Angelo Trujillo, MD</i>	
Increasing the Stability of Unstable Angina	246
<i>Joel Ray, MD</i>	

REGULAR DEPARTMENTS

Instructions for Authors	239
Physician Recruitment Advertising	251

ARCHIVES

INTERNAL MEDICINE

Editor:
James E. Dalen, MD, MPH
 2601 N Campbell Ave, Suite 202
 Tucson, AZ 85719

Deputy Editor:
Timothy C. Fagan, MD
 Tucson, Ariz

Associate Editors:
William S. Dalton, MD
 Tucson, Ariz

Robert J. Goldberg, PhD
 Worcester, Mass

Eskild A. Petersen, MD
 Tucson, Ariz

Raymond Taelle, MD
 Tucson, Ariz

Editorial Assistant:
Janet S. Frank
 Tucson, Ariz

Editorial Board:

Joseph S. Alpert, MD
 Tucson, Ariz

Dick D. Briggs, Jr, MD
 Birmingham, Ala

Christine K. Cassel, MD
 New York, NY

William S. Dalton, MD
 Tampa, Fla

Marvin I. Dunn, MD
 Kansas City, Kan

Alvan R. Feinstein, MD
 New Haven, Conn

Faith T. Fitzgerald, MD
 Sacramento, Calif

Jack Hirsh, MD
 Hamilton, Ontario

John P. Howe III, MD
 San Antonio, Tex

Jack M. Malloff, MD
 Los Angeles, Calif

Kevin M. McIntyre, MD, JD
 Boston, Mass

Steven Swiryn, MD
 Evanston, Ill

John G. Weg, MD
 Ann Arbor, Mich