

# ARCHIVES

OF

## INTERNAL MEDICINE

JULY 24, 2006 VOLUME 166, NUMBER 14 PAGES 1429-1532

### EDITORIALS

**Lowering Dietary Glycemic Load for Weight Control and Cardiovascular Health: A Matter of Quality** 1438  
*Simin Liu, MD, ScD*

**Phase 1 Clinical Trials: Not Just for Safety Anymore?** 1440  
*Janardan Khandekar, MD;*  
*Melin Khandekar, MD, PhD*

### COMMENTARY

**"Therapeutic Intent" in Phase 1 Oncology Trials: A Justifiable Objective** 1446  
*Maurie Markman, MD*

### SPECIAL ARTICLE

**One-Time General Consent for Research on Biological Samples: Is It Compatible With the Health Insurance Portability and Accountability Act?** 1449  
*David Wendler, PhD*

### REVIEW ARTICLE

**Complementary and Alternative Therapies for the Management of Menopause-Related Symptoms: A Systematic Evidence Review** 1453  
*Anne Nedrow, MD; Jill Miller, MD;*  
*Miranda Walker, BA; Peggy Nygren, MA;*  
*Laurie Hoyt Huffman, MS;*  
*Heidi D. Nelson, MD, MPH*

### ORIGINAL INVESTIGATIONS

**Comparison of 4 Diets of Varying Glycemic Load on Weight Loss and Cardiovascular Risk Reduction in Overweight and Obese Young Adults: A Randomized Controlled Trial** 1466  
*Joanna McMillan-Price, MNutrDiet;*  
*Peter Petocz, PhD;*  
*Fiona Atkinson, MNutrDiet;*  
*Kathleen O'Neill, BSc; Samir Samman, PhD;*  
*Katherine Steinbeck, MD, PhD;*  
*Ian Caterson, MD, PhD;*  
*Jennie Brand-Miller, PhD*

**Stimulation With 0.3-mg Recombinant Human Thyrotropin Prior to Iodine 131 Therapy to Improve the Size Reduction of Benign Nontoxic Nodular Goiter: A Prospective Randomized Double-blind Trial** 1476  
*Viveque Egsgaard Nielsen, MD;*  
*Steen Joop Bonnema, MD, PhD;*  
*Henrik Boel-Jørgensen, MD; Peter Grupe, MD;*  
*Laszlo Hegedüs, MD, DSc*

**Combined Estrogen and Testosterone Use and Risk of Breast Cancer in Postmenopausal Women** 1483  
*Rulla M. Tamimi, ScD; Susan E. Hankinson, ScD;*  
*Wendy Y. Chen, MD; Bernard Rosner, PhD;*  
*Graham A. Colditz, MD, DrPH*

**Impact of Inflammation on the Relationship Among Alcohol Consumption, Mortality, and Cardiac Events: The Health, Aging, and Body Composition Study** 1490  
*Cinzia Maraldi, MD; Stefano Volpato, MD, MPH;*  
*Stephen B. Kritchevsky, PhD; Matteo Cesari, MD, PhD;*  
*Elena Andresen, PhD; Christiaan Leeuwenburgh, PhD;*  
*Tamara B. Harris, MD, MS;*  
*Anne B. Newman, MD, MPH; Alka Kanaya, MD;*  
*Karen C. Johnson, MD, MPH; Nicolas Rodondi, MD;*  
*Marco Pahor, MD*

**Obesity, Physical Activity, and Mortality in a Prospective Chinese Elderly Cohort** 1498  
*C. Mary Schooling, PhD; Tai Hing Lam, MD, MSc;*  
*Zhi Bin Li, MD; Sai Yin Ho, PhD;*  
*Wai Man Chan, MBBS; Kin Sang Ho, MBBS;*  
*May Ked Tham, MBBS; Benjamin J. Cowling, PhD;*  
*Gabriel M. Leung, MD, MPH*

**Clinical Prognostic Rules for Severe Acute Respiratory Syndrome in Low- and High-Resource Settings** 1505  
*Benjamin J. Cowling, PhD;*  
*Matthew P. Muller, MD, FRCPC;*  
*Irene O. L. Wong, MMedSci; Lai-Ming Ho, PhD;*  
*Su-Vui Lo, MBChB, FRCP; Thomas Tsang, MBBS, MPH;*  
*Tai Hing Lam, MD, MSc; Marie Louie, MD, FRCPC;*  
*Gabriel M. Leung, MD, MPH*

**Cognitive-Behavioral Therapy for Somatization Disorder: A Randomized Controlled Trial** 1512  
*Lesley A. Allen, PhD; Robert L. Woolfolk, PhD;*  
*Javier I. Escobar, MD; Michael A. Gara, PhD;*  
*Robert M. Hamer, PhD*

**CLINICAL OBSERVATION**

- Presymptomatic Neuromuscular Disorders Disclosed Following Statin Treatment** 1519  
*Georgios Tsiygoulis, MD; Konstantinos Spengos, MD; Nikolaos Karandreas, MD; Marios Panas, MD; Athina Kladi, MS; Panagiota Manta, MD*

**EDITOR'S CORRESPONDENCE**

- The Association of Warfarin Use With Osteoporotic Fracture in Elderly Patients With Atrial Fibrillation** 1525  
*Huai Yong Cheng, MD, MPH*
- In Reply** 1525  
*Brian F. Gage, MD, MSc; Elena Birman-Deych, MS; Martha J. Radford, MD*
- No One Dies From Prostate Cancer?** 1525  
*Diane Chau, MD*
- In Reply** 1526  
*John Concato, MD, MS, MPH; Carolyn K. Wells, MPH*
- C-Reactive Protein Is an Intermediate Step Between Obesity and Hypertension** 1526  
*Ana Azevedo, MD; Henrique Barros, MD, PhD*
- In Reply** 1527  
*Susan G. Lakoski, MD, MS; David M. Herrington, MD, MHS; David M. Siscovick, MD, MPH; Stephen B. Hulley, MD, MPH*

- The Acupuncture Randomized Trials Study (Back Pain) Was Unblinded Too Early** 1527  
*Dieter Wettig, PhD, MD*

- In Reply** 1528  
*Benno Brinkhaus, MD; Claudia Witt, MD; Stefan Willich, MD, MPH; Klaus Linde, MD; Dieter Melchart, MD*

- What About Other Causes of Death?** 1528  
*Mark J. Pletcher, MD, MPH*

- In Reply** 1528  
*Erik J. Giltay, PhD, MD; Frans G. Zitman, PhD, MD; Daan Kromhout, PhD, MPH*

**REGULAR DEPARTMENTS**

- In This Issue of Archives of Internal Medicine** 1437
- Online CME Article** 1466
- Call for Papers** 1524
- Classified Advertising** 1530
- Journal Advertiser Index** 1531
- Contact Information** 1532

**Instructions for Authors are available on our Web site: <http://www.archinternmed.com>. If you are unable to access the Web, contact the editorial office at (312) 503-5387.**